

2008-09 Tentative Practice Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PW – ages 4-8 “Cherubs” YC – ages 9-11 “Halos” JC – ages 10-14 “Angelics” AB* - ages 3-5 “Tiny Angels” SD – ages 14-18			ET – Extra tumbling \$10/session nonrefundable/nontransferable if no show. ET times may vary upon availability of coaches AB – Still forming OG – Open Gym is available upon availability of coaches and offered before competition season		<i>2008-09 season practice schedule Revised as of 7-1-08</i>	
	ET 4p-5p PW 5:30p-6:45p YC 7p-8:15p	ET 4p-5p SD 5:30p-6:30p JC 6:30p-8:30p	ET 4p-5p PW 5:30p-6:45p YC 7p-8:15p	ET 4p-5p Prep 5:30p-6:30p JC 6:30p-8:30p	ET 4p-5p OG 6:30p-8:30p	ET 8a-9a 9a-10a 10a-11a 11a-12noon

THINGS TO REMEMBER:

- After each practice, you or a designated adult must read any/all notes on sign out sheet and sign your child out from practice.
- If you’re running late or your child cannot make practice, you must call ASAP to notify staff. Unexcused absences/tardies can result in removal from the squad and any monies paid to individual accounts will NOT be refunded.
- Each squad is designated at least one or two team parents to serve as a liaison between you the parent and what’s going on with your child during practice. Also, the team parent(s) serve as the communicator for upcoming event info/changes during the season.
- Water/Gatorade and snacks are available at the gym for sale as an ongoing fundraiser during practice breaks and/or in between practices. You also have the option of bringing your own drink(s) and/or snack(s).
- Please note that there are extra practices set usually the week before competitions to make minor changes/improvements as needed.
- Each cheer/dancer will be initially placed on the team they are needed most according to skill. You may only flip flop to one other team and it MUST be approved by Head Coach.